



MAGOTHY RIVER MIDDLE SCHOOL'S PARENT WEEKLY UPDATE

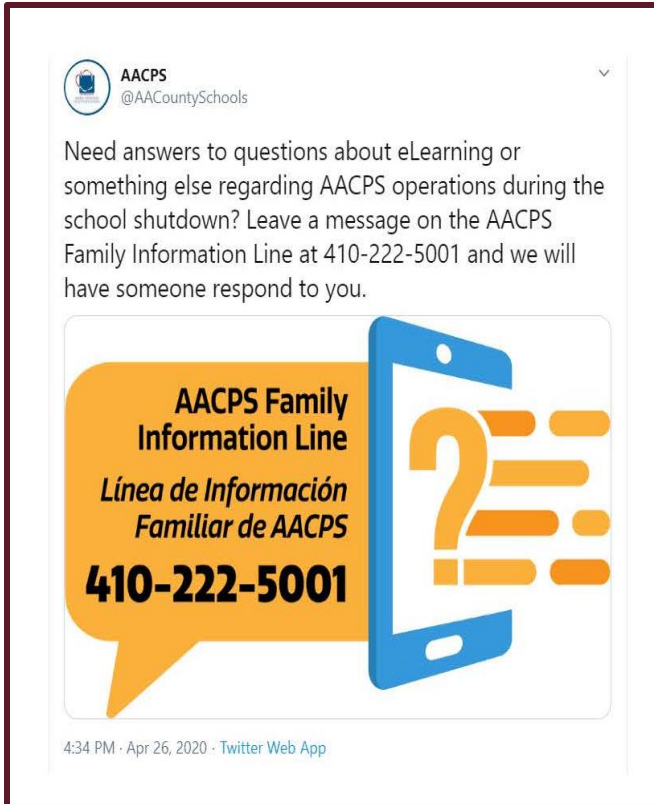


Updates from Dr. Williams

Dear MRMS Families,

Thank you for joining my team and I for our 2nd Coffee Hour. Your questions and ideas are always appreciated! This meeting was recorded, and I have posted the link below. I will also follow up on the topics listed below:

- Inform teachers that making the graded assignment available only on Thursday and Friday is stressful for students. Therefore, teachers will work together to also open the window to include Wednesday.
- Update on grading policy to include MS and HS credit courses.
- Request that all “Week at a Glance” be posted on the team page.
- How can students receive feedback on the graded assignment?
- Can we have additional AM check-ins just to say hello?
- Google Meet Link from Coffee Hour: You must log-on through an AACPS account to access. https://drive.google.com/file/d/1osibIYVG0NMm0lfWVKs6Veh_krcZC53ge/view?usp=sharing



Remember if your child is struggling, has questions, needs help or is spending too much time on an assignment PLEASE reach out to the teacher. Trust me when I say, “they want to help”. If things do not get better, then reach out to an administrator. I have included our assigned duties, so you know who to contact for a specific topic.

Lastly, thank you to everyone who took the time to thank a teacher. Your kindness is truly appreciated!

Sincerely,

Dr. Williams

Week of 5/11 – 5/15

Mon 5/11	A-Day
Tues 5/12	B-Day
Wed 5/13	A-Day
Thurs 5/14	B-Day
Fri 5/15	A-Day

Administrators Duties 2019-2020

Hanne Denney	Stacy Herbert	Shared Responsibilities
Student Discipline – <ul style="list-style-type: none"> • 6th grade- Navigators • 7th grade Student Led Town Hall Meetings (min quarterly) <ul style="list-style-type: none"> • Navigators • Clippers • Skipjacks Testing Coordinator Special Education Liaison Student Transportation Attendance Chairperson Extra-Curricular Activities Coord.	Student Discipline – <ul style="list-style-type: none"> • 6th Grade Mariners • 8th Grade Student Led Town Hall Meetings (min quarterly) <ul style="list-style-type: none"> • Mariners • Champions • Heroes Master Schedule: <ul style="list-style-type: none"> • Student Schedules • Grade Reporting Facility Management 8 th Grade Recognition Ceremony & Awards PBIS Administrator	School Improvement Team 504 Facilitator/Meetings Student Supervision: <ul style="list-style-type: none"> • Class Change • Dances • Lunches • Student Performances • Bus Duty Student Assemblies
Departments	Departments	Nuria Williams
<ul style="list-style-type: none"> • Language Arts • Social Studies • Special Education • Music • Art • ESOL 	<ul style="list-style-type: none"> • Science • Math • PE/Health/Dance • World Language • FACS • Tech Ed 	<ul style="list-style-type: none"> • Back to School Night • PTSO Representative • Staff Meetings • Leadership Meeting • Faculty Meeting • Professional Development • AVID Administrator • Equity Team Liaison • School Improvement Team • School Pictures/Yearbook • NJHS/SGA Liaison

MRMS Spotlight



Mariner's March
Student of the Month



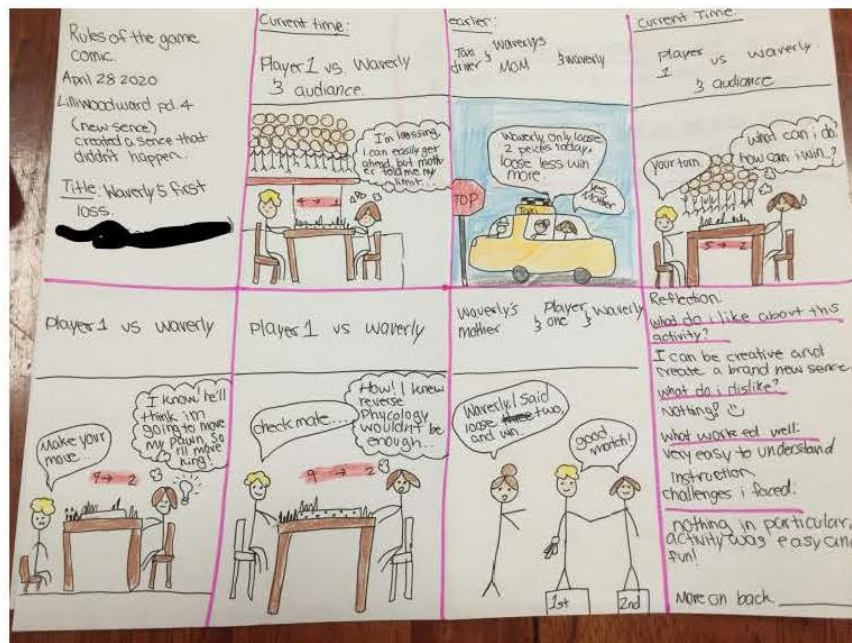
Congrats to our March SOTM winners!

They had a surprise visit from their teachers...
who will be the lucky winners for April?

We could be knocking at your door!



(Image Credit) - Matt Tettemer



(Image Credit) - Lilli Woodward

8th graders Matt Tettemer & Lilli Woodward are rocking e-learning! Matt created this comic strip for Ms. Basile's Language Arts class using Google Drawings. Lilli found a way to draw her comic and submit it to Google Classroom. Great job Matt, Lilli, and all of Ms. Basile's awesome ELA students. Keep up the great work!

Let's Get Organized!

The links below have a couple of different tables designed to help you organize your learning for the week.

Please feel free to modify the table to best fit your needs.

Using the table is completely optional.

As Dr. Williams says, "You do you." - just know that it is here for you as a resource should you need it to keep yourself organized.

[My Weekly Learning Schedule - BLANK](#)

[My Weekly Learning Schedule - SAMPLE](#)

[Another Example of an Organizer](#)

**Our fabulous Media Center has a tremendous amount of resources and information for you!
Please visit and see what is available!**

<https://docs.google.com/document/d/1xv551Vp3bzlo3lt7xacIKRTXYm-YN3HfxfhPoefAci0/edit?usp=sharing>

YEARBOOK ANNOUNCEMENT

ORDERING

YEARBOOKS ARE STILL BEING PRODUCED AND MAY STILL BE PURCHASED.

[http://yearbooks.classic-
photo.com/MagothyRiverMiddle/home3/Bookstore.jsp](http://yearbooks.classic-photo.com/MagothyRiverMiddle/home3/Bookstore.jsp)

Kindness Club May Update!

No act of kindness,
no matter how small
ever goes unnoticed.

- **YOU MATTER!** So please be kind to yourself! Be sure to get plenty of exercise & fresh air every day!
 - Reminder that for May we are challenging ourselves to do at least 5 super Acts of Kindness toward others!
 - Please keep the elderly in mind, both in your family & in your community! There are many organizations, like Meals on Wheels, that have ways to help out!
-

NEWS FROM THE HEALTHROOM

Our Health Room staff are wishing your family good health during this challenging season. Excellent resources for updated information regarding COVID-19 can be found at www.aahealth.org and www.cdc.gov. All School Health Services staff have been deployed in Anne Arundel County's COVID-19 emergency response effort.

RE: Medication Pick-up

Now that the announcement has been made regarding the end of the school year, our School Health Services Director will coordinate with the AACPS Superintendent to schedule a date and procedure for medication pick-up that will be safest for all persons involved. Parents will be contacted when this procedure is determined.

Thank you,

Jane Lefavor, RN
School Nurse
Magothy River Middle School



AACPS Resources for Parents

PROMPTING

1. Use language such as “When/Then, If/Then, First/Then”
Ex. When you clean up your toys, then you can go outside to play with your friends.
Ex. If you don’t pick up you don’t pick up your toys, then you well have to go to time out.
Ex. First dinner then ice cream. (Activity 2 is always the more preferred activity)
2. Video: How To Get My Kid To Listen: “If...Then Statements”
<https://www.youtube.com/watch?v=h0Gltzf2D9U>
3. Tips for Parents on Non-Compliant Children- **PDF**
4. Video: Three Ways to Stop a Toddler Tantrum
<https://www.youtube.com/watch?v=QXWcqp9sUbY>
5. Article: Using If/Then To Stop Behavior Problems <https://www.verywellfamily.com/use-ifthen-warnings-to-stop-behavior-problems-1094754>
6. Read Aloud Story: Eat Your Peas- <https://www.youtube.com/watch?v=Rab3lw0qT1U>

Positive Words Examples

NOTE: Tell your child what to do instead of what not to do. Be clear and simple.

DON'T Say	DO Say
Don't Run	Walk, Use your walking feet, Hold my hand
Stop Climbing	Keep your feet on the floor
Stop Whining !	Use a calm voice
No Coloring on the wall	Color on the paper
Don't throw your truck	Roll your truck on the floor
Stop playing with your food	Food goes on the spoon then in your mouth
Don't spit	Spit goes in the toilet, Use your words
No biting	We only bite food, Use your words

CHOICES

1. Video: How To Prevent Power Struggles: Give Choices
<https://www.youtube.com/watch?v=Dnsm4Ri782Y>
2. Article: 10 Smart Ways To Give Your Child Choices and The Benefits
<https://www.thisnthatparenting.com/10-smart-ways-to-give-your-child-choices-and-the-benefits/>
3. Video: Giving Choices Example: <https://www.youtube.com/watch?v=uOsWLLg4E38>
4. Podcast: Positive Parenting Tips for Preschoolers-
<https://www.youtube.com/watch?v=srMo71ifEQw>

SETTING LIMITS

1. Article: The Importance of Setting Limits for Your Child, By: Jennifer Harstein 2017
<https://health.usnews.com/wellness/for-parents/articles/2017-06-26/the-importance-of-setting-limits-for-your-child>
2. Video: Rules, Limits, and Boundaries with Children
https://www.youtube.com/watch?v=leg1ymDh_j8

3. Video: Setting Boundaries During the Terrible Twos-
<https://www.youtube.com/watch?v=z4CNNQkUCJc>
4. Social Story: How Parents Should Set Limits for Kids-
<https://www.youtube.com/watch?v=2ko6SgcCcD8>
5. Setting Limits Chart For Screen Time Example

Holiday and Summer Break
SCREEN TIME RULES
by naturalbeachliving.com

Have you...

- Brushed your teeth
- Brushed your hair
- Dressed for the day
- Had breakfast
- Made your bed
- 20 minutes of reading time (book or magazine)
- 20 minutes of writing, coloring, or drawing
- 30 minutes of outside play
- Made/built something - Lego, Crafts, Block play, Art

DON'T FORGET TO BE AWESOME!

IMPULSE CONTROL

1. Article: Impulse Control Techniques That Work for Children-
<https://www.verywellfamily.com/ways-to-teach-children-impulse-control-1095035>
2. Video: 7 Parenting Tips to Deal with Naughty Behavior:
<https://www.youtube.com/watch?v=zyYViqXZvtY>
3. Read Along Story: Howard B Wigglebottom Learns its Okay To Back Away-
<https://www.youtube.com/watch?v=2lqVJHVkTLE>
4. Being Angry and Safe Social Story- https://www.youtube.com/watch?v=R8c_Br8l_Tc
5. 30 Games & Activities for Self-Regulation- <https://theinspiredtreehouse.com/self-regulation/>

6. Teaching Impulse Control w/ Chutes & Ladders Game

Board Games to Teach Kids About Rewards/Consequences & Impulse Control Chutes & Ladders®

About this Activity

Targeted Diagnosis

- ADHD
- Behavior Disorders

Targeted Skills

- Identifying Rewards & Consequences for Your Actions
- Impulse Control
- Following Directions
- Taking Turns (Patience)

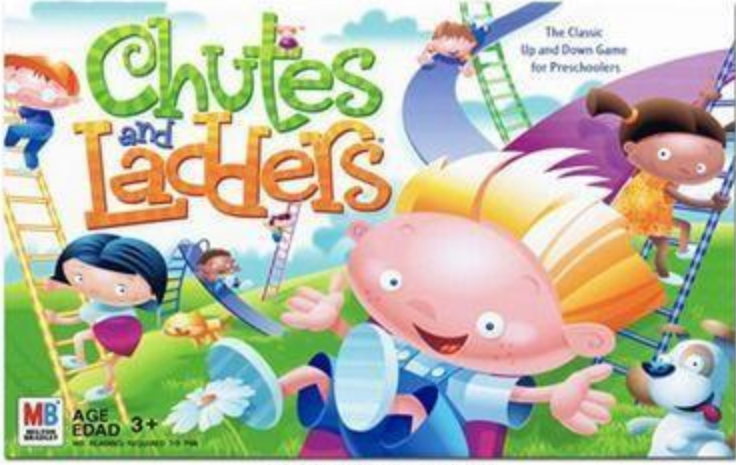
Materials: Chutes & Ladders® board game

Instructions

Play the board game Chutes & Ladders®. As you play, use the pictures on the game to discuss and to teach about the rewards and consequences of various behaviors. The ladders show positive behaviors and rewards, while the chutes show negative or impulsive behaviors and their consequences.

Discussion Prompts

- What is happening in this picture? Ask the child to identify the behavior and how it connects to the consequence.
- Is this a positive choice or a negative choice? Did the character demonstrate good impulse control or not? If not, what other choice might be better? How could the character demonstrate better impulse control?
- Have you ever been in a similar situation? Tell me a little more about it. What did you learn from that situation?



The Classic Up and Down Game for Preschoolers

www.skillsdevelopmenttools.com

POSITIVE PRAISE

1. Video: Power of Praise- <https://www.youtube.com/watch?v=306Mb6ASP84>
2. Article with Videos: Praise, Encouragement, & Rewards- <https://raisingchildren.net.au/toddlers/connecting-communicating/connecting/praise>
3. Video: Behavioral Charts Successfully Helping Children Behave Better- <https://www.youtube.com/watch?v=IUTGW-WjLnY>
4. Printable Reward Charts: <https://www.teacherspayteachers.com/Browse/Search:reward%20charts%20for%20home/Price-Range/Free>

5. 50+ Free and Low-Cost at Home Behavior Incentives

1. Take a walk or hike together	2. Help a parent make dinner one night
3. Decorate paper placemats for the kitchen table	4. Have a special art session together
5. Earn art stuff for creative fun	6. Scavenger Hunt
7. Bake together	8. A delicious milkshake
9. A cup of hot chocolate	10. Read a book together as a family
11. Get a new e-book	12. Earn a printable certificate
13. Choose a dessert to make for dinner one night	14. 30 extra minutes of TV time
15. Choose a favorite treat to eat (or snacks for the day if parents are portioning snacks out)	16. Choose a game to play
17. 30 minutes of one-on-one time with mom or dad (play a game, do a puzzle, draw, etc.)	18. Choose what we will have for dinner one night this week
19. Play on the computer (or other electronic) for 30 minutes	20. Pick your favorite cereal on our next grocery trip
21. Choose a movie to watch together	22. No chores for a day
23. 30 minutes of special outdoor time with mom or dad	24. Make a craft together
25. Earn behavior bucks to save up for a special trip to the Dollar Store (allow child to help create "behaviors bucks")	26. Jump on the bed for 5 minutes
27. Sleep in a different place in the house for one night	28. Plan one day's activities
29. Choose a special breakfast	30. Make a fort together and play in it
31. Slumber party with mom or dad	32. Captain for two hours (let your child be in charge for a set time, no bossiness allowed!)
33. Pick an activity for the family to do	34. Make sidewalk chalk art
35. Make slime together	36. Make playdough together
37. Take pictures (then have mom or dad help you print them out)	38. Color together
39. Play a video game or computer game together	40. Decorate your own room
41. Order a pizza	42. Decorate a room for a holiday
43. Popcorn party	44. Pajama Day (wear pajamas all day)
45. Conduct a science experiment	46. Have a picnic (in backyard or living room)
47. Have a pretend birthday celebration	48. Royalty for the day
49. Extra story at bedtime	50. Build an indoor obstacle course
51. Earn an app purchase or digital game	52. Ride virtual Disney World rides (YouTube)
53. Make a sensory bin	54. Train your pet
55. Create a video to share with family and friends	56. Have a dance party (make your own play list or tune in to DJ Mel on Facebook live)
57. Host a virtual Paint Night	58. Earn pretend dollars (create currency or use Monopoly money) that children can earn. Have them spend their "dollars" on snacks, extra tv time, extra electronic time, art supplies, etc.

6. Example of a Reward Chart

_____ 's

STAR CHART



This week I will ...	S	M	Tu	W	Th	F	S
Brush Teeth 							
Get Dressed 							
Listening and no whining 							
No accidents 							
Eat Your Dinner 							
Bath 							
Bedtime 							
Put away toys 							
Teach and Play with Sibling 							
Extra Good Behavior 							
Daily Behavior							

FIND MORE RESOURCES AT DELTACHILDREN.COM





Tips for Parents on Non-Compliance

Non-compliance is when a child refuses to obey or comply with a demand or directive. The child may be rebellious, scream "no" to your face, and slam the door. Or the child may say "yes, I'd be glad to help," smile, and go play video games. But either way the child does not do what you asked him to do.

Examples of non-compliance:

- ✚ The child fails to begin doing what he was clearly asked to do within a reasonable amount of time, which would easily be 15 seconds.
- ✚ The child fails to keep doing what he was asked to do until the job is finished.
- ✚ The child fails to follow previously taught rules of conduct in a specific situation, such as at church, at school, at the store, or with friends.

FACT: Noncompliance in children is the most frequent complaint of parents seeking behavioral help. It is frustrating to parents, and underlies most negative interactions between family members (parents, and siblings) and the child.

Behavior is Not Random Behavior is Learned & Unlearned

Disruptive behaviors, aggressive behaviors, or explosive behaviors usually **do not** occur randomly. They occur in "bursts" and are usually associated with either having asked the child to do something around the house, or after having been asked for something by the child and the parents responds with a "no."

- ✚ Children do most things, good or bad, on purpose. Behavior is not random.
- ✚ Your child will misbehave on purpose because he/she is testing you.
- ✚ Your child will observe you to see how you will react. He/she wants to

What to Do When Non-Compliance Happens

Noncompliant behavior can be "self-reinforcing" or "self-rewarding" behavior. In other words, every time your child gets away with not doing what you had asked him/her to do, he/she feels "rewarded." And behavior that is "rewarded" tends to reoccur. So, every time your child gets away with being noncompliant it increases the odds that he/she will be noncompliant to you again.

When your child is noncompliant you need to take action:

- ✚ DO NOT: ignore the behavior hoping that it will go away.
- ✚ Deal with the situation immediately yourself.
- ✚ In very tough situations consider getting some professional help.

know if you will ignore the behavior, excuse it, or just do the chore yourself. He/she wants to know if you will react with anger, guilt, or not at all.

Your child will do things to either:

- ✚ get POSITIVE REINFORCEMENT OR
- ✚ to ESCAPE or AVOID SOMETHING that he/she does not want to do or have.

Having a strong knowledge of behavior management will allow you to be in control of your home, and it will allow the child to feel safe and secure. Children crave discipline, and children with special needs will often need many repetitions of practicing good behavior before it sticks.

COMPLIANCE

Be firm, and be patient. Understand that any behavior your child has learned, will take time to unlearn!



Tips for Parents on Non-Compliance

Nine Specific Tips & Strategies

<p>I. Allow the child a 'Cool-Down' Break • Select an area in the home or classroom where the child can take a break or go calm down if they need to. The area should be:</p> <ul style="list-style-type: none"> ✚ Quiet, calm, away from noise, windows, or doors, ✚ Include items such as music, sensory toys, cushions, beanbags, etc. ✚ Offer to talk the situation over with that child once he/she has calmed down and then direct the student to the cool-down corner. ✚ Example, "Thomas, I will talk to you when you calm down. Take five minutes in the cool-down corner and then we can talk." 	
<p>II. Ask Open-Ended Questions • If you are faced with a confrontational or angry child and you don't know what happened or why they are upset.</p> <ul style="list-style-type: none"> ✚ Ask neutral, open-ended questions to collect more information before responding. ✚ Pose 'who', 'what', 'where', 'when', and 'how' questions to more fully understand the problem situation and identify possible solutions. ✚ CAUTION: Avoid asking "why" questions (e.g., "Why did you get into that fight with your sister?") because they can imply that you are blaming the child. 	
<p>III. Do Not Get Entangled in Arguments • Avoid being dragged into arguments or unnecessary discussion when disciplining children. If you find yourself being drawn into an exchange with the child (e.g., raising your voice, explaining yourself over and over):</p> <ul style="list-style-type: none"> ✚ IMMEDIATELY use strategies to disengage yourself (e.g., by move away from the child, stop answering their questions, look away, etc.). 	
<p>IV. Use Positive Language – Tell the child what you DO want them to do, instead of what you DON'T want them to do.</p> <p>Example: If the child is running and you want them to stop,</p> <ul style="list-style-type: none"> ✚ Say "Use walking feet please" instead of "Stop running". If you just tell the child to stop doing an action or activity that leave the decision of what to do instead up to the child. So instead of running they could decide to climb, skip, or hop, but not to walk. 	
<p>V. Provide Frequent Positive Attention •</p> <ul style="list-style-type: none"> ✚ Say 3 positive statements to your child for every 1 negative statement you say. 	
<p>VI. When Negative Behaviors Appear, "Go Neutral" When your child begins misbehaving or is off task immediately avoid direct eye contact, excessive language, or touch. All of these are powerful sources of attention.</p> <ul style="list-style-type: none"> ✚ You want to make a clear distinction: between how you act when they behave VERSUS how you act when they misbehave. ✚ Your facial expression should be blank, not angry, excited, stressed, etc. ✚ Your voice tone should be flat and neutral, and shouldn't reflect how upset or exasperated you are. ✚ The more excited, loud, and angry the child becomes, the calmer you need to remain and appear. 	
<p>VII. Interrupt the Child's Anger as soon as they are Triggered Know your child's triggers and how they act, speak, and behave when they are becoming angry or upset. As soon as you see that they are beginning to get worked up, immediately intervene.</p> <ul style="list-style-type: none"> ✚ Redirect them to do something else, ✚ Try to get them to go to their calm cool down area, do an activity together, etc. ✚ DO NOT wait and act on the behavior once the child is already upset. 	
<p>VIII. Offer Choices – A powerful tool to use with non-compliant children is to offer them a choice.</p> <ul style="list-style-type: none"> ✚ If the child is off task or misbehaving, the choice can be to get on task or lose something they enjoy. ✚ Example: ("You need to stop arguing with your sister and eat your dinner, or it will be bedtime"). ✚ If the child is being defiant and refusing to complete a task you can give them a choice between two tasks. Example: ("You can take your bath tonight, or you can take it in the morning before school"). 	
<p>IX. Choice making can allow a child to feel powerful and in control, and will sometimes defuse defiant behavior.</p> <ul style="list-style-type: none"> ✚ If the child will not make a choice, then you make the choice for them. They need to understand they are given a small amount of time to select a choice and if they don't, then you get to decide what happens. It is important to be consistent, and follow through with the choice. ✚ If the child is playing with friends and makes a choice to do their homework once their friends go home, then as soon as their friends leave that child needs to start their homework right away. <p><u>Choice making will not be effective if the child is not required to follow through with the choice they made.</u></p>	